

ST. MARY'S ELEMENTARY SCHOOL, LANCASTER, NY- "...visible examples of Gospel living."

MAY 2018

Child lunches are \$2.75. Adult lunches are \$3.90. All students must take, at the least, three of the five offered components to meet the requirements of a full lunch. Fresh fruits/vegetables are offered daily when available. If you have any questions, please call the kitchen manager at 683-2112 x119



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A Healthy Lunch starts with: <ul style="list-style-type: none"> • Vegetable and/ or fruit • Lean Protein & whole grains • Milk 	1 Popcorn Chicken Seasoned Rice Carrots and Peas	2 Taco Salad Corn Cucumber Salad	3 Pizza Romaine Salad Broccoli	4 Turkey, Ham or Sunbutter/Jelly Sandwich bag lunches
7 Hot dog/bun Oven Fries Baked Beans	8 Roast Turkey Mashed Potatoes Green Beans	9 French Toast/sausage Hash Brown patty Corn	10 Stuffed Crust pizza Romaine Salad Cauliflower	11 Lasagna Rolls Romaine Salad Mixed Vegetables
14 Cheeseburger/bun Tater tots Baked Beans	15 Chicken nugget Buttered Noodles Broccoli/ Veggie Stix	16 Taco in a bag Corn Refried Beans	17 Pizza Romaine Salad Green bean medley	18 Mac and Cheese Romaine Salad Cauliflower
21 Breakfast Sandwich Hash Brown Patty Mixed Vegetables	22 BBQ Chicken Roasted Potatoes Peas and Carrots	23 Taco Corn Veggie Stix/dip	24 Pizza Romaine Salad Broccoli/Cauliflower	Alternate Lunches Available Daily B - Julienne Salad w/ 2 WG Rolls C - Yogurt Parfait w/granola and WG muffin D - Sunbutter/Jelly Sandwich on WG bread Choose at least 3 of these!
28	29 Popcorn Chicken Seasoned Rice Mixed Vegetables	30 French Toast & Sausage Hash Brown Patty Peas	31 Stuffed Crust Pizza Romaine Salad Cauliflower	

Menu subject to change.