

Hello St. Mary's Elementary Families.....

My name is Mrs. Bobbie Moreno, I am the school nurse at SME. It is my pleasure to be here for your children. I look forward to meeting all the students throughout the school year. I wanted to take a moment and provide some information about the health office and requirements that may affect your student(s):

- The daily hours for the nurse are from 9:30 a.m. to 1:00 p.m., Monday through Friday
- **All students** must have the proper **New York State Mandated Immunizations** necessary to start the school year. Immunization records should be provided prior to the beginning of the school year so they may be reviewed by the nurse.
- New York State mandates that all students entering 6th grade have the following immunization requirements: **Tdap Booster (who are 11 yrs old), 2 doses of Varicella, and 4-5 doses of Polio (the 4th dose after Age 4).**
- New York mandates that all students entering 7th grade have **1 dose of Meningococcal vaccine**
- New York State mandates that the following grade levels **must have current physicals on file** in the health office: **K, 2, 4, 7.**
- All **NEW** students to St. Mary's Elementary are required to have a current physical.
- Students playing sports at St. Mary's Elementary are **required** to have a current physical on file in the nurse's office, even prior to try-outs.
- Physicals are valid for one calendar year, for example a physical exam on 9/1/13 will expire on 9/1/14.
- Health screenings are done throughout the school year and vary between grade levels. Screenings may consist of the following: Vision, Hearing and Scoliosis.
- Every year students are required to update their Emergency Form/Health Questionnaire. One is required for each student, even if there are more than one sibling attending school, **every student needs to provide an Emergency Form/Health Questionnaire.**
- Any medication that a student needs (prescription or over the counter) must have an **"Administration of Medication in School"** form filled out by their physician and signed by the parent/guardian. This pertains to medications such as Epipens, Inhalers, Motrin, Tylenol and even Cough Drops. Medication needs to be brought into the school by an adult, please do not send it in with the student. Please contact the nurse with any questions.
- Please contact the nurse with any medical concerns, medical history or health issues that your student may have.
- If your student is sent home ill with a fever, please be aware that your child needs to be **fever-free for 24 hrs without any medication such as Ibuprofen/Acetaminophen** prior to returning to school.
- Please let the nurse know of any injuries your student may have such as: broken bone, sprain, cast, any sport/gym related injury. If they need a sling or crutches we must be aware.
- If your student is not able to participate in gym due to illness/injury, please be aware that they may not participate during lunch recess nor a school related sport, until they are officially released/cleared by their physician, and the physician's note is in the nurse's office.

There are links on Nurse's Corner page on the SME website for the following: Required Immunizations, Physical Exam (health appraisal form), Emergency form/Health questionnaire, Administration of Medication. Please feel free to call me with any concerns or questions you may have. Communication is very important in keeping our students safe. I am here to help and assist you in any way I can.

Thank you,
Bobbie Moreno, RN
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