

# JUNE 2017

Child lunches are \$2.75. Adult lunches are \$3.90. All students must take, at the least, three of the five offered components to meet the requirements of a full lunch. Fresh fruits/vegetables are offered daily when available. If you have any questions, please call the kitchen manager at 683-2112 x119



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>A Healthy Lunch Starts with:</b></p> <ul style="list-style-type: none"> <li>• Vegetable</li> <li>• Fruit (or take both)</li> <li>• Lean Protein &amp; Whole Grains</li> <li>• Serving of Milk</li> </ul> <p><b>Choose at least 3 of these!</b></p>	<p><b>Alternate Lunches Available Daily:</b>                      B: Julienne Salad w/ 2 Whole Grain Rolls                      C: Yogurt Parfait w/ Granola &amp; Whole Grain Roll                      D: Sunbutter &amp; Jelly Sandwich on Whole Grain Roll                      Non-fat white or not-fat flavored milk sold daily for .50</p>		1 Pizza Romaine Salad Green Beans	2 Tuna Boats Tomato Soup Broccoli
5 Sloppy Joes Oven Fries Peas	6 Popcorn Chicken Buttered Noodles Broccoli Carrots	7 Taco Salad Refried Beans Corn	8 Pizza Party Romaine Salad Green Beans	9 Grilled Cheese Tomato Soup Mixed Vegetables
12 Cheeseburger/bun Sweet Potato Fries Carrots	13 Chicken nuggets Seasoned Rice Broccoli Corn	14 Rotini/ meatballs Romaine Salad Carrots	15 Pizza Romaine Salad Green Beans	16 SCHOOL PICNIC
19	20	21	22	23
<b>HAVE A BLESSED AND SAFE SUMMER VACATION! SEE YOU IN SEPTEMBER!!</b>				
26	27	28	29	30